



Adult Coed Indoor Volleyball FAQ

Winter League Registration begins December 1, 2018 and closes January 6, 2019.

Games begin January 15, 2019.

1. What is the level of competition?
 - a. *The Chill Out League is for teams seeking a fun-first, organized coed adult volleyball program. This is not to say that teams won't be competitive, but the general spirit of teams in this league is to put fun above all else, including the win. Yet, all eyes are on the trophy at tournament time. Residents seeking a program with an even level of competition and fun-spirited teams will enjoy the Chill Out League.*

2. What are the rules?
 - a. *The program uses a league rulebook available at www.fayetteville-ar.gov/volleyball; rules are similar to most coed adult indoor volleyball recreation programs. The backbone of this rulebook is the USA Volleyball (USAV) program rulebook (https://www.volleyballreftraining.com/includes_rules_interps/indoor/2015_17DCRindoor.pdf).*

3. Are technical violations strictly enforced?
 - a. *No, referees are instructed to teach teams about technical violations as violations happen. Of course, referees will always call blatant technical violations, such as a double hit or net violation.*

4. How are matches scored?
 - a. *All matches are best of 3 sets. Sets are played to 25-25-21, and teams must win by two points. Any team that reaches 30 points in a set, or 25 in the last set, shall win automatically.*

5. When and where are matches played?
 - a. *The Chill Out League is played Tuesday evenings at the Yvonne Richardson Community Center. Teams play two matches each night at 6:15/7 p.m. or 7:45/8:30 p.m.*

For more information, please visit www.fayetteville-ar.gov/volleyball, or reach out to recreation program manager Dean Rawlings (drawlings@fayetteville-ar.gov, 479-444-3474).

6. How long is the season?
 - a. *Each season is eight weeks long. Teams play 14 matches in 7 weeks and then are guaranteed entry to the single elimination post-season tournament, which is the last week of each season. Each team shall play at least 15 matches in a season, which includes the post-season tournament.*
7. How much does it cost to play?
 - a. *The registration fee is \$275 per team.*
8. What is the net height setting?
 - a. *The net height is 7' 2 1/8" (USAV female/reverse coed setting).*
9. Are uniforms required?
 - a. *No, but they are certainly encouraged. The two best dressed teams in each league will be selected to play in the Pageantry Round, which is part of the post-season tournament.*
10. How do team rosters work?
 - a. *Matches are played 6 vs. 6 players. Teams may have 10 players on their roster. Rosters lock at the end of the fifth week of play, and no players may be added after this deadline. Roster can be updated before or after a match through the Parks and Recreation staff member present or through email.*
11. What are the coed requirements?
 - a. *A team must have at least four eligible players to begin a match. Teams may play a match with four, five, or six players. If playing with four or six players, a team on court must be an even number of male and female players. If playing with five players, a team may play with three male and two female players or vice-versa.*
12. How do rotations work?
 - a. *Teams must stagger men and women on the court. At all times, at least one female and one male player must be on each row.*
13. Do teams designate liberos?
 - a. *No, our league does not use the USAV libero rule.*
14. Is there a coed touch rule?
 - a. *No, our league does not use the USAV coed rule that, in some situations, a player of each gender must touch the ball before the ball is played over the net. There are no gender-based rules in the program aside from the coed requirements.*

The recreation program manager reserves the right to change rules as needed to benefit all teams, but the recreation program manager shall notify all team captains if a rule is changed.

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